



CANCER & SELENIUM

Selenium plays an important role in helping cancer patients. It is a good source of antioxidants, which directly inactivates cancer cells by neutralizing negatively charged sugar chains on their surface and helps reduce the chance of cancerous cells forming in the body. Moreover, selenium can trigger the stimulation of carcinogen metabolism and the repairing of damaged DNA. Lastly, selenium can also activate tumor repressor genes such as c-AMP and inhibit oncogenes from proliferation, differentiation and growth.